

Emotion Works is an educational programme that supports Emotional Health and Wellbeing in schools, nurseries and additional support provisions across Scotland by focusing on developing children's emotional language and understanding alongside regular curriculum learning.

The programme is made up of an extensive range of resources and training packages for work with learners across all ages and stages of development. Our approach has been piloted and refined over a 10-year development period in consultation with hundreds of educators along the way.

Roll-out of the programme is now supported by an online platform of support and a growing community of practitioners who mentor and support each other locally or through various social media groups.

Emotion Works has been developed as an inclusive programme from the start with inbuilt progression, differentiation, and adapted resources, while taking into account the wider contexts of Curriculum for Excellence, GIRFEC, the National Attainment Challenge, ACE awareness movement etc.



JOIN US FOR A FREE INFORMATION SESSION

If you've heard about Emotion Works and are interested in finding out how you might use it in your school or nursery, an Emotion Works previEW session is a great opportunity to browse the programme resources and to see inside the membership area of our website. Information about purchasing individual, nursery, primary and secondary school packages will be provided, along with examples of inspiring practice and impact of our programme on learning and wellbeing.

PLEASE NOTE: this is NOT a training event. Emotion Works training can be booked as in-services or open training sessions. However, face-to-face training is not necessary to get started using the programme because online training and guidance is a feature of our website membership package.

